

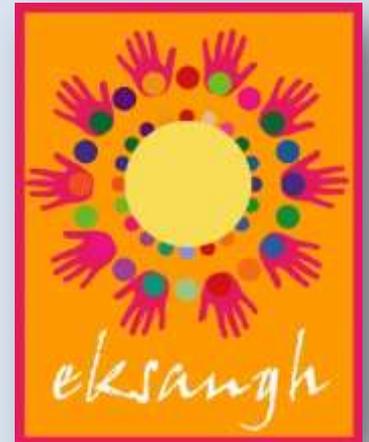


HEALTH CARE IN YOUR HANDS

IN THIS ISSUE



March 31, 2020



*Quarterly
Newsletter*

Grant of Rs. 17 Lakhs from Khambhat ONGC



This year also once again a grant was given by ONGC which is a great honor and joy for our organization. With this grant we are able to organize general and cancer screening camps in many Bhaal area villages where we check villagers blood pressure and diabetes levels. Our main focus is screening for oral and breast cancers. Oral cancer which caused by chewing tobacco and smoking and breast cancer has become the most common cancer for women all over the world, but has pick up pace in India. A simple breast examination can find a lump which can be cancerous or not .

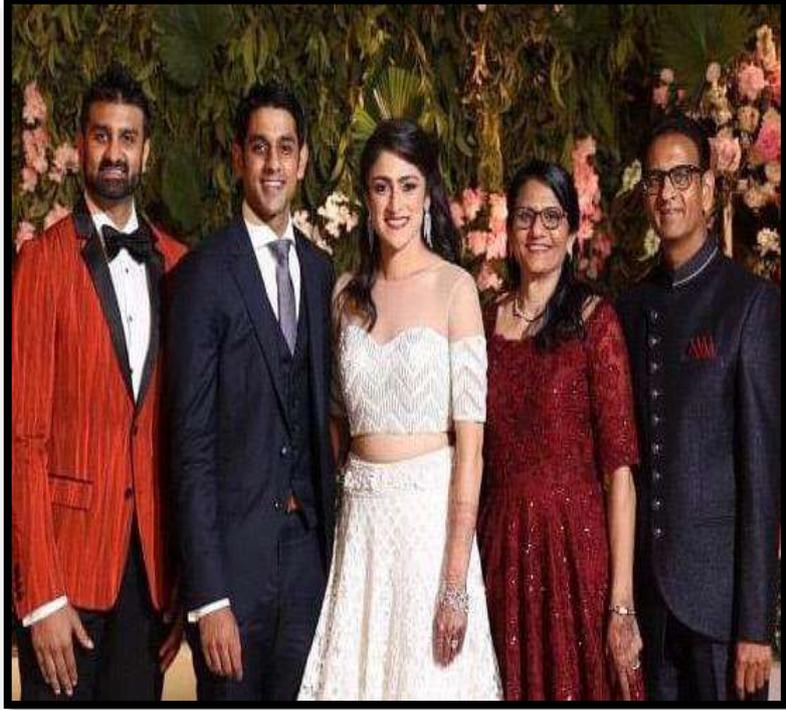


Eksangh Donors

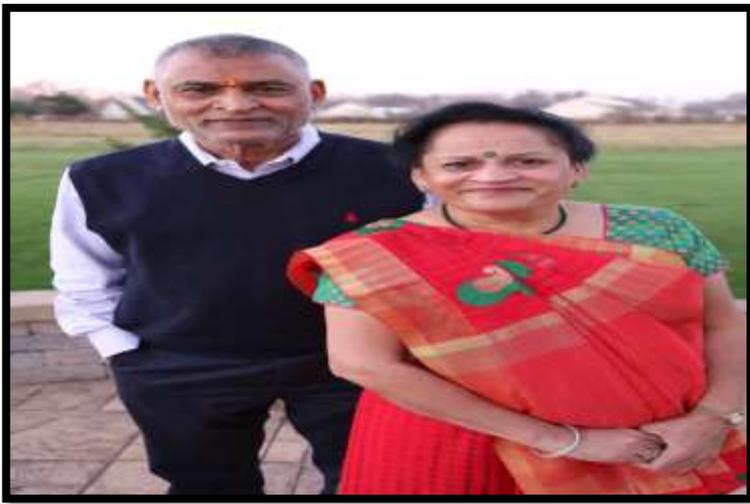
The continuation of the JivanMitra program is ONLY possible because of generous donations of 14 lakhs Rupees, annually from THE PATEL FAMILY of Ohio, USA. We are running the JivanMitra program in 16 villages in the BHAAL/CHAROTAR area near Khambhat and 3 needy areas of Khambhat.



Nitinbhai Patel & Family
(from left: Bhavnaben, Khushboo, Sagar, Nitinbhai and Avinash)
(jayshri Rami's Daughter & son-in-laws family)



Kirtibhai Patel & Family
(From left : Neel, Aakash, Karen, Vilasben and Kiritbhai)
(family of sagar patel)



Nareshbhai & Ushaben Patel
(family of sagar patel)



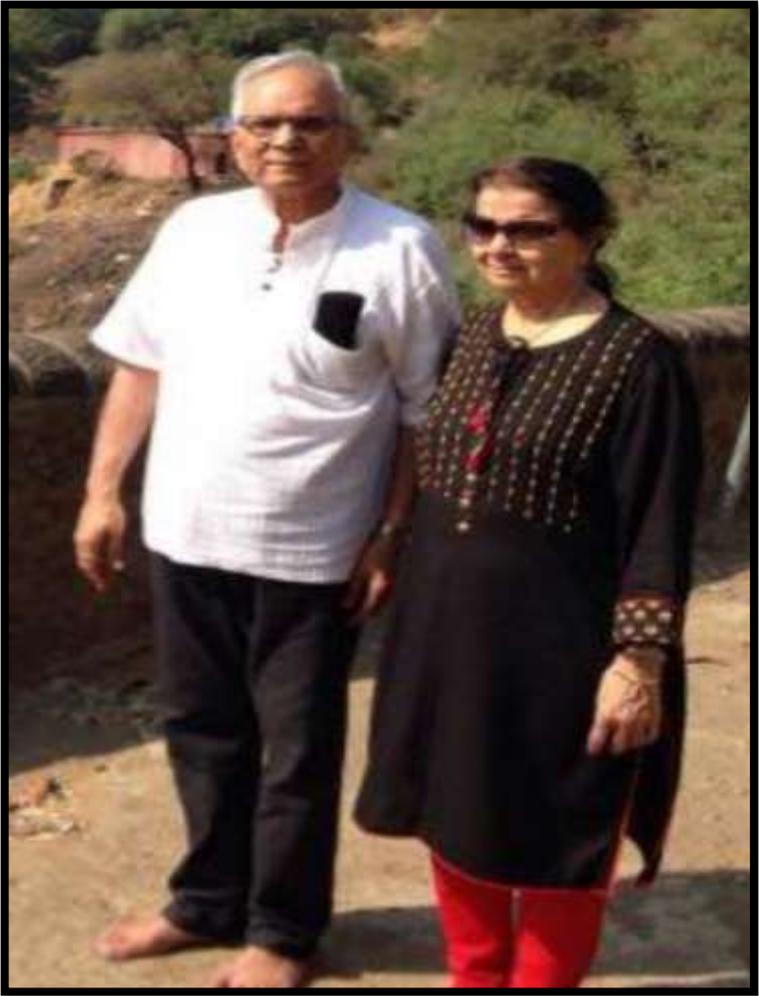
Donation by:
**Ashokbhai & Veena Agarwal (Friends of
Indravadan Kapadia)**
Of New Jersey, USA has donated \$1,000
to eksangh's cancer work.
We are very grateful for their generosity.

With the generous donation of 1 lakh Rupees from Pradeepbhai & Kalpana Gandhi we will be able to start a cervical cancer screening program in the BHAAL area villages.

Cervical cancer is one of the three cancers that affect the women of India.



Pradeepbhai & Kalpana Gandhi (Family of Mitesh & Parul Gandhi)



Dr. Girishbhai and Sushila Rami who are natives of Khambhat and at present lives in Los Angeles, CA has generously donated Rs. 51,000 Rupees for cancer awareness and education and prevention.



Jayshri Rami, Vinodbhai Rami(Dr. Girish Rami's brother & Jayshri Rami's Family), Zainabben Singapurwala , Parul Gandhi, Hetal Vyas and Jyotsnaben Bhimani





Navagam Bara Camp



The first camp was organized at Navagam Bara with a grant from ONGC. In this camp, Dr. Ashishbhai Solanki and Dr. Saurabhbhai Tripathi, Managers; Trishaben Thakkar Project Coordinator: Preeti Valmik and Eksangh Volunteers: Bijalben, Rajulben Shah) Staff: Shakuben, Dharti and Ektaben. The camp was a success with the collaboration of 121 patients. The people of the village were very happy.



Navi Akhol Camp



A second camp was organized at New Akhol. In this camp, Dr. Ashishbhai Solanki and Dr. Saurabhbhai Tripathi, Manager; Tejalben Shah Project Coordinator; Preeti Valmik and Eksangh Volunteers: Birudben, Sonalben Lashkari, Jyotsnaben Bhimani Staff Nurse: Shakuben, Dharti. The camp was a success with the cooperation of all. And many women also took advantage of mammography.





Medical Camp in Khambhat



This camp was organized by Cardiac Care Center. So many people of khambhat benefited as ten super specialty doctors attended to patients at the camp. Also, Eksangh preventive department of CCC screened patients for breast and oral cancer. The medical camp was quite successful with the help so many volunteers.

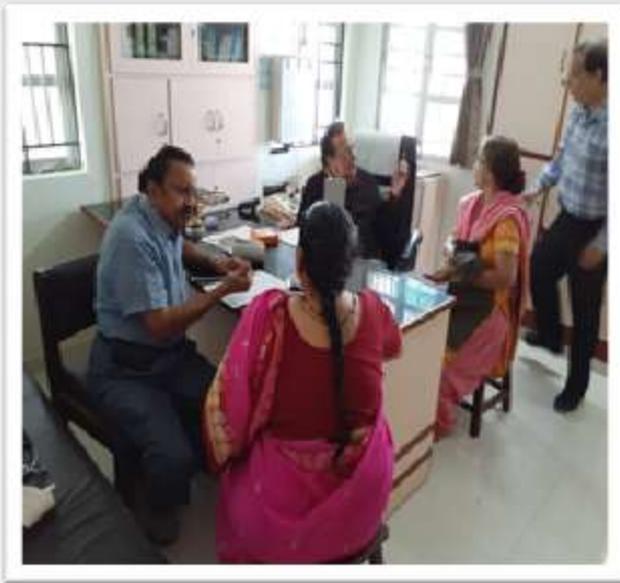




Camp in Motiboru and Petlad



The camp was organized and supported by Cardiac Care Center. Dr. Thakorbai Rana and Dr. Bipinbhai Shah were two main attending doctors at camp. The camp was successful with help of eksangh and ccc volunteers.





The camp was organized at Kambahat. In this camp, Dr. Ashishbhai Solanki and Dr. Niteshbhai Joshi Eksangh founder Jayshreeben Rami Manager; Tejalben Shah Project Coordinator: Preeti Valmik and Eksangh Volunteers: Hatalben Vyas, Birudben Nagar, Rekhaben, Drama Director: Jimeshbhai Staff Nurse: Ektaben. The camp was a success with the cooperation of all. As many as 122 patients participated in the camp. And the village Sarpanch and the villagers were very happy.





Vadgaam Camp



The camp was organized at Vadgaam. In this camp, Dr. Hardik Soni and Dr. Niteshbhai Joshi, Project Coordinator: Preeti Valmik and Eksangh Volunteers: Chaitaliben Shah, Pannaben Patel Staffers: Shakuben, Dharti, Ektaben jivanmitra: Heenaben Makwana . Many patients attended the camp. And many women also took advantage of mammography. The camp was very successful.





Tarakpur Camp

The camp was organized at Tarakpur. In this camp, Dr. Amal Bhattacharya, Manager; Tejalben Shah, Trushaben Thakkar Drama Director: Jimeshbhai Project Coordinator: Preeti Valmik and Eksangh volunteer: Jyotsnaben bhimani, Pannaben Patel, Ritaben Thakkar Staff Nurse: sakuben , dharti and jivanmitra : Varshaben Gohel The camp was successful with the cooperation of all the patients. And many women also took advantage of mammography .





Visit to ARCH NGO (Mangrol)



We visited Mangrol, Gujarat near Kavadiya. The area is part of the 'tribal belt'. Dr. Anilbhai Patel and his AMAZING medical team sees as many as 500 cases of TB in a year from all around India. People from Madhya Pradesh, Maharashtra and of course Gujarat pour in his clinic on a daily basis. Leprosy is rare today's can be cured and Dr Patel comes across several cases that are treated and cured! We hope to bring cancer awareness and prevention to the 'tribal area' along with ARCH.





Jivanmitra Training



As we were about to start jivanmitra project in 12 more villages six day training session was organized to impart training on diabetes B.P etc jivanmitra of those 12 villages where in training was held for four days in vadodara and for two days in khambhat . the necessary information about basic necessities of villages was given to jivanmitra and also well trained about how they could be helpful to the people of village .





Jivanmitra Taking Training with Sevak NGO (Vadodara)





Jivanmitra Going Through CPR , Toilet Program, TB Training





Visit by Jivanmitra's Co-ordinator



Through jivanmitra project survey of patients is done where they all asked about difficulties they are facing like diabetes , B.P . and how jivanmitra can be helpful to them for this co-ordinator personally visits the villages and tries their best to provide free services or services of fair price to the people through co-ordinator





February 4 Celebrate World Cancer Day



Like every year, this year too, "World Cancer Day" was celebrated by a eksangh. This time a non-stop activity was organized. In which many members participated, the main goal of this activity was to learn how to live a healthy life. All the members enjoyed it a lot.





Breast Cancer Awareness 'STREET PLAY' in Villages





Breast Cancer Awareness & Education Program



Awareness work is done through street drama under the Cancer Awareness Campaign run by Eksangh. In almost all the villages of Bhal and Charotar area, efforts are being made by the eksangh to spread the cancer by spreading awareness about breast cancer. After showing the breast cancer drama to the women in the village, they are further explained by the manager and also taught how to do a quality check.





Visit to Shree Krishna Hospi-

Cervical Cancer Screening Training at Shree Krishna Hospital, Karamsad

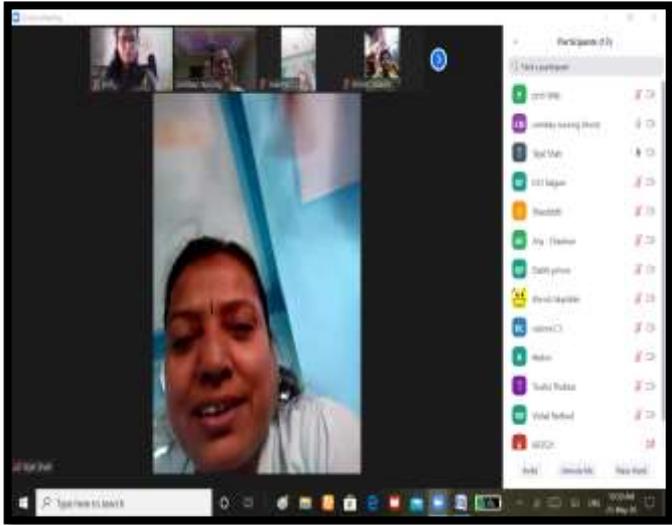
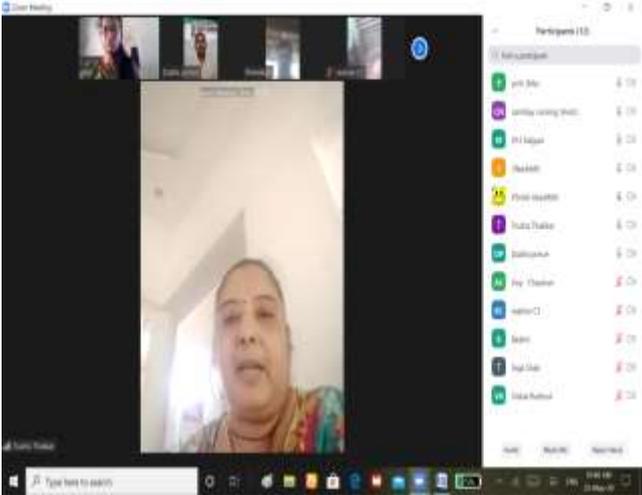


Training done by the Cervical team - Dr. Anjanaben Rawal, Ekta soni SAKUBEN Raval And Urmilaben patel along with Tejalben Shah and Jayshri Rami. The Cervical team went through a theory and practical training on Visual inspection of cervix with acetic acid is currently more popular method of cervical cancer of screening test in low resource countries.





Jivanmitra and Manager Meeting



Meetings are held at short intervals during the lock-down and the manager informs them about diabetes, BP and anemia.

**Eksangh Newsletter Written By:
Priti Valmik (Project Coordinator)**