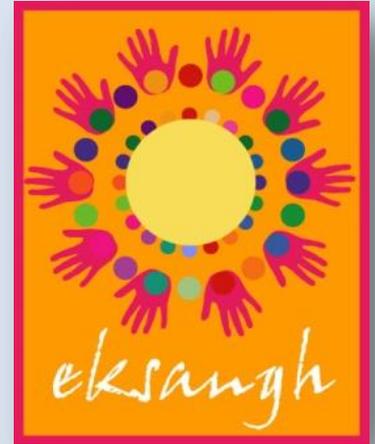




December 31, 2020



Newsletter

### Health care in your hands

### In This Issue

## AFTER COVID-19 “JIVANMITRA’S BACK IN THE THE FIELD



After the lockdown, the survey work was resumed with complete safety under the Jivanmitra project. In which the Jivanmitra were asked for the survey by the organization keeping in view the social distance. Face shields, masks, gloves, sanitizers etc. were provided by the organization for the safety of the patient and Jivanmitra .





Many villagers were happy to carry out the survey with safety after the lockdown as regular BP and diabetes measurement of some patients was done by Jivanmitra's. He did not have to go to the hospital to get BP diabetes checked so many of the villagers were happy. An example of this is Jivanmitra Falguni Chunara who became known and respected after joining the project. Falguni Chunara says in his experience that I have got a lot of respect in my area, I can go anywhere, the patient tells me to measure my BP, you can measure my diabetes. And many patients come to my house and get checked and the patient says you are in this project, it is very beneficial for us.





# PUSE OXIMETER , COVID -19 TARAINING & MASK DISTRIBUTION

Jivanmitra were given training on Covid-19. So that they can spread more and more awareness in their village. Jivanmitra were also given training on pulse oximeter. Understood how to use a pulse oximeter so that they could check the oxygen level of the people in their village. And can be helpful to the people of the village. In addition, masks were distributed at a very nominal rate by the Eksangh and rations were also given to the needy.





## HONORED BY JIVANMITRA'S AWARD

In the year 2020, some of the JIVANMITRA'S were honored by the award in recognition of their good work for the next 2 years. In honor they were given items in different categories. The rest of the JIVANMITRA'S were also given the item as an incentive.



Bharatbhai Makwana was awarded Best Jivanmitra . Daxaben Makwana, Nemisha Makwana were given the award for Overall Best Performance. Anita Chuhan, Varshaben Gohil and Aarti Rathod were awarded for Early Regular Data Submission . Rajeshbhai Dabhi was awarded for Best Co-operation. Falguni Chunara was given the award for coming to the regular meeting. The rest of the Jivanmitra were also given something to encourage.





# JIVANMITRA KIT CLEANING

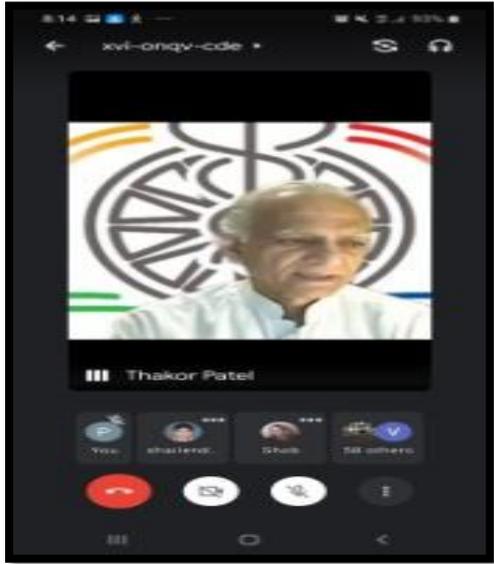


The kit is cleaned by JIVANMITA'S at regular intervals. In this kit B.P machine, Glucometer, weight scale, Thermometer, Plus Oximeter etc. are cleaned with Dettol. This can keep JIVANMITA'S and patient safe. The Co-ordinator provides information on how to keep the kit clean.

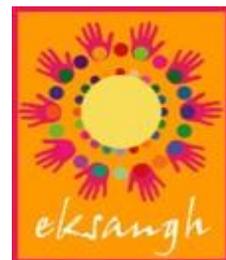
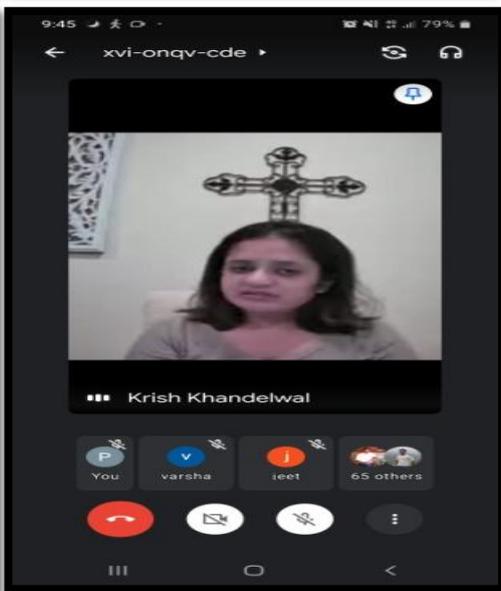
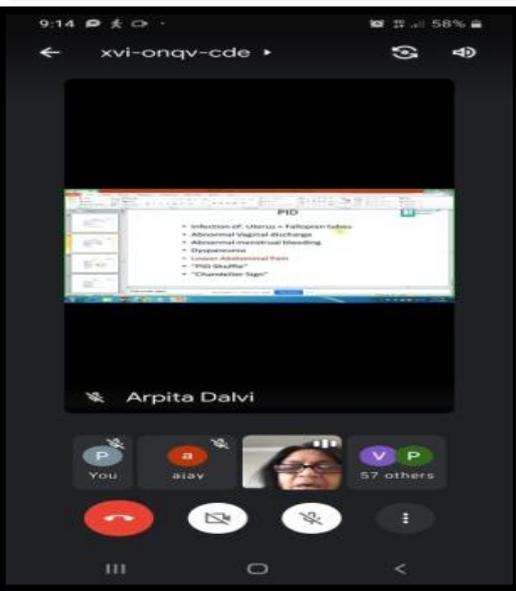
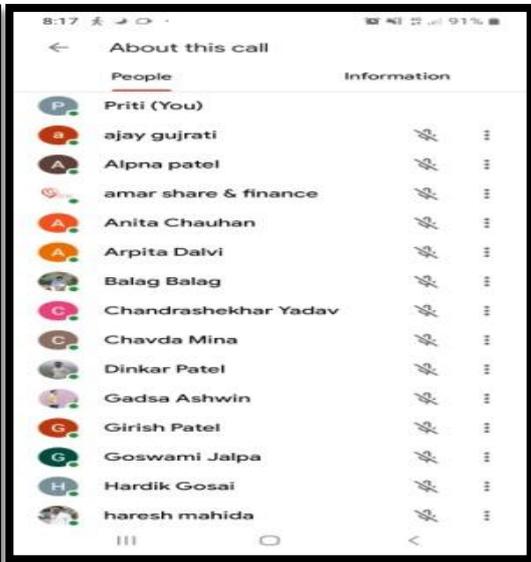
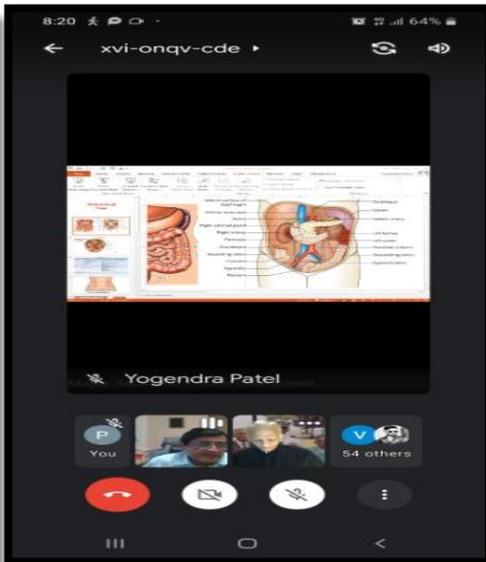
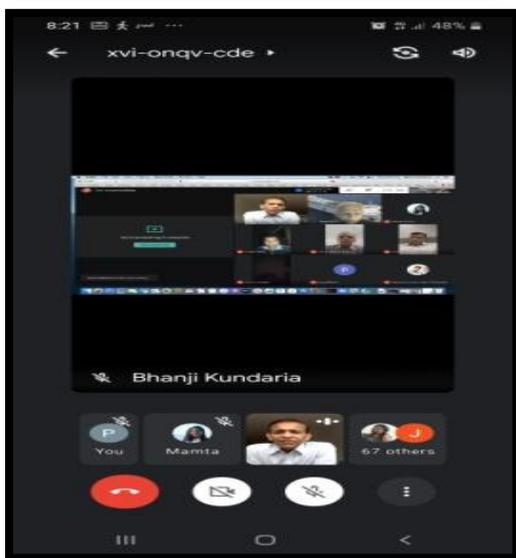




# WEBINAR TRAINING WITH SEVEK NGO



An online webinar was organized by Sevek NGO in which they also invited the Eksangh-Jivanmitra to join the webinar. The webinar covered many topics useful to jivanmita's in their field such as Disaster Management, Cancer, Anemia, Covid-19, Skin Diseases, Stomach Diseases, Women's Problems, Diabetes, BP etc. Experts were given 2 hours of online training for 6 days . They also understood how to handle problems in the field.



Eksangh Newsletter Written By:  
**Priti Valmik** (Project Coordinator)